

Basic Mandatory Safety Training Outline

Topic	Employees	Frequency	Reference
Hazard Comm (Chem)	All	Initial and as needed.	1910.1200
Video Display Terminal	Employees using VDT 4 hours or more per day.	Annual	ME VDT
Bloodborne Pathogens	First Aid Providers, Employees Assigned to cleanup body fluids*.	Annual	1910.1030
Electrical Safe Practices	All	Initial and as needed	1910.332
Personal Protective Equipment (PPE)	Employees performing tasks needing eye, foot, hand, body, head PPE.	Initial and as needed	1910.132
Respiratory Protection	Employees performing tasks requiring respiratory protection.	Annual	1910.134
Hearing Conservation	Employees exposed to noise over 85 dBA	Annual	1910.95
Fire Extinguisher / Incipient Fire	Employees not specifically prohibited from extinguisher use in emergency plan and so trained.*	Annual	1910.157
Lockout / Tagout	Employees performing tasks exposed to accidental startup and employees responsible for the equipment they work on.*	Initial and as needed	1910.147
Confined Space	Employees who may enter or work near confined spaces.*	Initial and as needed	1910.146
Aerial Lift	Employees who work from / or operate manlifts.	Initial and as needed	1910.25 1910.67
Fall Protection	Employees working over 4' without railings.*	Initial and as needed	1910.132
Forklift	Operators	Initial and 3 year observation	1910.178

*Awareness (recognize and avoid) level training is recommended in these topics for all employees.

See also our [Departments Likely to Need Written Programs and Training Matrix](#).