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MONTHLY JOURNAL OF MMA RISK MANAGEMENT SERVICES

THE RMS EXPRESS

Workers' Comp Grant/Scholarship Updates 2025

MMA's Risk Management Services is committed to assisting its Workers' Compensation Fund members in their safety efforts. We offer grants and scholarships to assist our members with the prevention of occupational injury and illness.

MMA Workers' Compensation Fund Ed MacDonald Safety Grant Program - \$3,000 Maximum Award Annually Due Date - April 15th Purpose: The primary purpose of the Safety Grant is designed to fund equipment or items that reduce the risk of injury to workers and promote safe and healthy conditions in the workplace.

Ed MacDonald Safety Scholarship Program Open Enrollment: The Scholarships are offered to assist members reduction in the or or elimination employee injuries, by advancing safety and risk management skills through enhanced training. We are excited announce that have to We increased our Group Award to -\$3,000 Maximum and our Individual Scholarship to \$1,000. Group scholarship awards will be granted for on-site classroom training that addresses areas or regional needs or will train instructors who will return to their employers to train others. Individual scholarships cover reasonable expenses and cost For more information or to apply please select: Safety Enhancement



MAINE MUNICIPAL ASSOCIATION RISK MANAGEMENT SERVICES

In Your Inbox

Risk Management Services has sent your Workers' Compensation renewal packet and invoice. Please look for an email from rmsunderwriting@memun.org. Please be sure to keep this document accessible for future reference and note that your first invoice is included in the attachment. The payment schedule, if applicable, is included on the contribution summary page (page 2 of the invoice), which provides future invoicing details. All future invoices will be emailed from our rmsbilling@memun.org email. If you would like to pay your invoice by ACH Credit, please contact our finance department at finance@memun.org for instructions.

The MMA Workers' Compensation Fund Board values your commitment to the Fund and thanks you for your continued participation. If you have questions about your coverage or billing, please call the Underwriting Department at 1-800-590-5583 or by email at rmsunderwriting@memun.org.

Workers' Comp Payroll Audit

Once a year, payroll audits are performed for the members of the MMA Workers' Compensation Fund (WC). The Fund is required to complete these audits during the first quarter of each year for the previous coverage term of Jan 1, 2024 - Dec 31, 2024. The Workers' Comp audit compares the **estimated annual payroll** projections to the actual paid wages.

Unemployment Compensation

The Unemployment Fund has recently sent your renewal packet which contains a contribution breakdown and explanation of benefits. You should have also received a request for your Quarter 4, 2024 Wage Reports. We ask that you please submit your wage data in an Excel format by January 13, 2025. If you have questions or need assistance, please email us at <u>ucfund@memun.org</u>.

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Talkspace Go

SERVESTRONG Mental Health Support for Emergency First Responders has expanded its offering to include **TalkSpace Go. TalkSpace Go** is here to lend a helping hand. Talkspace is an app developed to provide additional support and resources to the ServeStrong Program. The app is backed by years of science and uses principles of therapy to guide you through common problems at work, relationships, parenting, and more.

How it works

First, you will answer 25 questions to get to the root of your concerns. Based on your responses, we'll assign you a self-paced course from our

(20)

Ready to get started?

- Download Talkspace Co from the Apple App store or Coogle Play
- Sign up and create an account
- Enter your organization code:

Features Included

Self-guided programs for individuals, couples, and parents. Build mental well-being through personalized courses, daily journaling, and weekly live classes with therapists.

- 111 70+ personalized programs, 800+ sessions
- Assessments, exercises, journaling, reminders
- 🚟 Address anxiety, stress, burnout, trust, & more
- ((•)) 6+ therapist-led live group classes per week

To access TalkSpace Go and the SERVESTRONG please visit: <u>https://servestrong.memun.org</u>

You are not alone, help is available now.

Funding