

## Protecting Your Volunteers

Spring is here, and the detritus of winter is evident in our parks, roadways and trails, parking lots and more, which create the need for Spring Cleaning.

During this period, many of our communities depend on volunteers to be the needed muscle to clean up Maine for our family and friends. But with the use of volunteers, it is important to assure their safety as they volunteer their services.

1. All volunteers have completed appropriate application/release of information forms.
2. Volunteers should receive appropriate training in the activities that they are to perform.
3. Consider purchasing accident coverage for volunteers or the implementation of other Risk management tools.
4. Ensure that the age of the volunteer is appropriate for the assigned activity and that the position is age compliant to certain hazardous activities under state/federal law.
5. Verify emergency contact information is procured for each volunteer and centrally located for prompt access.
6. Be sure the volunteers have received appropriate personal protective equipment and have been trained in its proper application.

Accident Insurance for volunteers is available through a partnership with HUB International New England. The program provides your volunteers with medical expense reimbursement for the low cost of \$2.00 per volunteer. For more information please visit: [Protecting Your Volunteers](#) or email Roberta Fogg at: [rfogg@memun.org](mailto:rfogg@memun.org)



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**MAINE MUNICIPAL ASSOCIATION**  
RISK MANAGEMENT SERVICES

## In Your Inbox

MMA Risk Management Services invites you to participate in a free and virtual Town Hall style event that will feature mental health experts and individuals willing to share their experiences with incivility. The Town Hall event is sponsored by the National League of Cities.



Join the American Public Health Association, American Psychological Association, International City/County Management Association (ICMA), and the National League of Cities (NLC) for an insightful conversation on the impact of incivility on public servants, including city managers, health professionals, and elected officials. This event will provide a platform for those who have experienced aggression to share their stories and offer effective strategies to rebuild trust, promote community kindness, support mental health, and foster healthy community engagement.

### Speakers:

- **James C. Bridgers, Jr.**, PhD, MBA, Director, Montgomery County Department of Health & Human Services
- **Bill Doherty**, PhD, Psychologist and Co-Founder, Braver Angels
- **Matt Leighninger**, Director, Center for Democracy Innovation, National Civic League
- **Julia D. Novak**, ICMA-CM (ICMA), ICMA CEO/Executive Director
- **Steve Patterson**, Mayor, Athens, OH; NLC President

### Register for this event:

[Addressing the Rise of Incivility: A Town Hall Event - National League of Cities](#) Select the "Register Now" Button, enter your contact data and select Non-Member.

## FREE Ergonomics Training To Become the Qualified Trainer

This class will show you how to conduct your own ergonomic assessments in the workplace. We're going to pull back the mystery surrounding ergonomics and see how observing and suggesting simple and easy changes can make a significant difference in the health and well-being of your employees. This class will discuss Maine's Video Display Terminal requirements, cause and consequences of poor ergonomics and how having the proper set up can potentially reduce workplace-related musculoskeletal disorders.



Sponsored by MMA Risk Management Services, the course is offered Free to MMA Members on 4/23/2025 10:00 AM - 12:00 PM via a Live Webinar thru ZOOM

Presenter(s): Jason Johnson, Loss Control Consultant, MMA Risk Management Services.

This course is ideal for Human Resource Managers, Town Managers, Supervisors, and other managerial staff; however, anyone interested in learning more about office ergonomics and becoming qualified to conduct ergonomic assessments is encouraged to register at :

[Workshops & Training - Office Ergonomics: Train the Trainer - Presented by MMA Risk Management Services](#)